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# EFPT RIGA 2024

ADVANCING EQUALITY • DIVERSITY • INCLUSION



# European Federation of Psychiatric Trainees (EFPT)

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Our organization is a nonprofit entity that brings together psychiatric trainees' associations from across 30 European countries.

We're dedicated to enhancing the caliber of residency training and fostering a cohesive policy standard that acknowledges the unique requirements of residents within Europe. This is achieved through the creation of working groups, the facilitation of experience exchanges, and the initiation of various projects and conferences.

Every year, the EFPT holds a European Psychiatry Trainees' Forum. This event serves as a platform for participants from all over Europe and beyond to acquire insights from esteemed guest lecturers, engage in dialogue about prevalent psychiatric training matters, and deliberate on issues pertinent to the field of psychiatry that have widespread societal impacts.



A tradition since 1993.

Every year, the chosen\* country hosts the forum's guests in its cities.

\*The choice of city is determined by geographical and economic accessibility.

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# efpt forums

### efpt forums

1993 Utrecht  
1994 Cork  
1995 Copenhagen  
1996 Lisbon  
1997 Athens  
1998 Ghent  
1999 Tampere  
2000 Berlin  
2001 Naples  
2002 Sinaia  
2003 Paris  
2004 Cambridge  
2005 Istanbul  
2006 Riga  
2007 Athens  
2008 Gothenburg  
2009 Cambridge  
2010 Dubrovnik  
2011 Prague  
2012 Sorrento  
2013 Zurich  
2014 London  
2015 Porto  
2016 Antwerp  
2017 Istanbul  
2018 Bristol  
2019 Prague  
2020 Bucharest  
2021 Brussels  
2022 Malta  
2023 Zurich



**efpt**

EUROPEAN FEDERATION  
OF PSYCHIATRIC TRAINEES





Every year the forum  
is attended by:

~ 200 adult and child  
psychiatry residents from 30  
EFPT member countries.

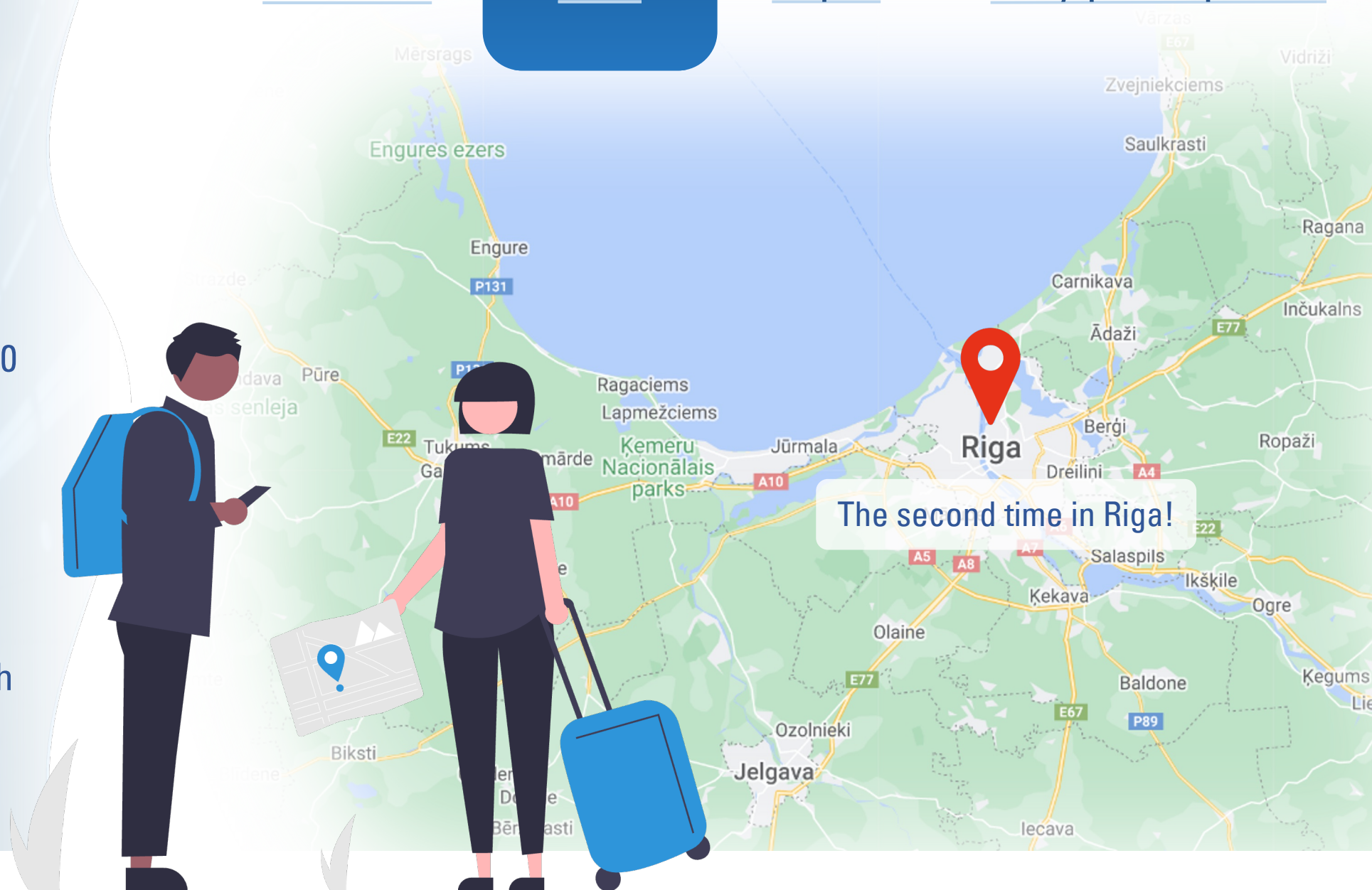
Honored guests and  
interested parties from  
countries outside of the  
European concept as  
defined by the World Health  
Organization, such as  
Japan, Tunisia

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## ADVANCING EQUALITY • DIVERSITY • INCLUSION

### What is the forum about?

Mental health is a significant factor in a person's social and physical well-being. The forum is an essential platform for creating a progressive, competent training environment that meets European standards, which will help raise the overall level in the field of psychiatry in Latvia and other countries.

Here, the future of Latvian and European psychiatry will meet with a vision to ensure better, more accessible care and service quality for patients and their families.

The topic for the 2024 forum is to update an inclusive society at all its levels, to discuss ways of implementing it, reflecting the needs of all people, regardless of their mental health, gender, sexual orientation, age, nationality, and/or socio-economic status. It is important to promote a supportive, safe environment at the workplace, in educational and healthcare institutions, and in the service sector."



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## ADVANCING EQUALITY • DIVERSITY • INCLUSION

### How will we achieve our goals?

- By sharing experiences and success stories from various countries;
- Organizing working groups, creating joint international projects;
- The opportunity to discuss and deliberate on the best solutions to promote the integration of various social groups and the latest medical innovations;
- Lectures from world-renowned professors and experts in the field.



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Your organization will play a key role in supporting mental health initiatives on a global scale, emphasizing the importance of equality and inclusivity.

As a participant, your company will gain visibility and be acknowledged for its commitment to social responsibility and community engagement.

We provide:

- Placement of your logo on our event website and related materials;
- Inclusion of your service information in the event booklet;
- Mention on our social media channels and in press materials;
- Flexible collaboration options to suit your company's specific interests and goals.







Thank you for your attention!