

**Dear Colleagues,**

The 16<sup>th</sup> Nordic Experience Meeting (ERFA 2022) “Achieving and Maintaining Remission”, organized by Nordic Association for Convulsive Therapy (NACT), will take place on **25-27 May 2022 in Tallinn, Estonia.**

This time the conference will highlight the possibilities for maintaining the patient's stability after successful acute treatment. The main focus of the conference will continue to be on ECT, but this time we are increasingly focusing on other brain stimulation and neuromodulation methods as well. Several key specialists from all over the world will present their research and share their clinical experience. Among those Charles Kellner from USA, Alexander Sartorius from Germany, George Kirov from Wales, Pascal Sienaert from Belgium and many more.

In addition to scientific lectures, NACT will carry on the tradition of integrating different specialists together by reserving time for discussions before, after and between lectures as well as holding scientific dinner and other activities.

The scientific part and related activities take place in Park Inn by Radisson Meriton Conference & Spa Hotel Tallinn. Located in the heart of the capital, this modern Tallinn hotel offers easy access to the Old Town and the Parliament of Estonia. Public transportation to and from the hotel's setting in Tallinn city center via trolley bus makes it even easier to explore, and taxi service is available directly in front of the hotel. A taxi ride from the airport takes about 15 minutes (6 km) and less than 10 minutes (~3,5 km) from the Port of Tallinn. The main railway station, Balti Jaam, is within walking distance of the hotel.

We feel confident that the ERFA 2022 will serve as a place of learning where we can all share the latest experiences, approaches, and research, continuing with all the best traditions of the practice of ECT and representing for all participants a treasured personal and professional experience.

Visit our website [nact.se](https://nact.se) to stay updated!

Preliminary program available at [NACT website](#)

**We look forward to welcoming you to Estonia!**

On behalf of NACT board,

Margus Lõokene  
Secretary of NACT

Marco Nobis  
NACT Chairman